

Season 2019-2020

By League - List of Number of permitted Substitutions

Number of Players required for the Front Row, and Number of Permitted Interchanges.

League	Level	No. of Subs	No. of FR	Interchanges
North Premier	5	3	1	8
North 1 West	6	3	1	8
North 1 East	6	3	1	8
North 2 West	7	3	1	8
Lancs/Cheshire 1	8	3	1	10
Lancs/Cheshire 2	9	5	1	10
Cumbria 1	8	3	1	10
Yorkshire 1	7	3	1	8
Yorkshire 2	8	3	1	8
Yorkshire 3	9	5	2	10
Yorkshire 4 (North West)	10	5	2	10
Yorkshire 4 (South East)	10	5	2	10
Durham/Northumberland 1	7	3	1	8
Durham/Northumberland 2	8	3	1	8
Durham/Northumberland 3	9	5	2	10